
Across the Years

72-, 48-, and 24-Hour Footrace



Runners Manual

Across the Years Runners Manual

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Important Note

Much of the information in this manual is available on the race's Web site at <http://www.acrosstheyears.com>. We supply this printed brochure to give runners something they may print and bring with them to the race as a reference. If you find discrepancies between what this manual and the Web site say, consider the Web site to be more up-to-date and accurate.

The Races

Across the Years (ATY) will be held from December 29, 2010–January 1, 2011 at **Nardini Manor** in Buckeye, Arizona, owned and operated by ultrarunner Rodger Wrublik. Nardini Manor is located at

5601 S. Jackrabbit Trail
Buckeye, AZ 85326

The race course consists of a running path USAT&F certified to be 500 meters in length. It was custom built around the perimeter of the manor by Rodger in 2003 for our use. The surface is mostly well-packed crushed gravel, ideal for running. In October and November 2008, Rodger made substantial changes to the track, widening it in several places where traffic was sometimes congested. This work did not change the length of a loop. The distance has already been re-certified.

1. The 72-hour race begins at 9:00 A.M. on December 29.
2. The 48-hour races begin at 9:00 A.M. on December 29 and December 30.
3. The 24-hour races begin at 9:00 A.M. on December 29, December 30, and December 31.

The objective in fixed-time races is to travel as far as possible in the time allotted. At Across the Years runners are given no minimum standard. The runners with the most accumulated distance at the end of the designated time periods, as measured in whole laps, are declared the winners. Male and female awards will be given, but there is no provision for age group awards at ATY, although we do track statistics. Soon after the race you will be able to check the statistics page on the Web site and may discover, for instance, you are the youngest or oldest person of your gender to have run the distance you ran in your race!

Race Rules and Etiquette

Each race will begin promptly at 9:00 A.M.. If you arrive late, you may still compete, but the time you've missed is lost and cannot be made up.

A runner may leave the track at any time. Chip timing equipment will record your down time, with no need to report to officials. There are no DNFs in a fixed-time track race. Remember—the more time you spend moving forward on the track, the more distance you will accumulate.

If you choose to finish well before the official race end, such as by reaching a personal goal and then stopping, please tell the race director or timers that you are quitting or leaving early. When you do this be sure to turn in your timing chip. Remember that you will be charged for the cost of the chip if it is not returned.

Racing ends at exactly 9:00 A.M. on January 1, 2011. Runners participating the 24- and 48-hour runs on earlier days will be equally eligible for awards.

Some runners use their race experiences to raise money for charities. Across the Years does not endorse any particular charity, but will fully support and applaud runners who do with documentation of your run. The race director would like to be aware of charity fund-raising, as it helps with public relations when we get covered by the media. We will also announce your project on our Web site if you supply a blurb.

NO CUTTING THE CURVES. Runners must stay outside the cones or markers on the curves. The layout of the track at Nardini Manor is such that one would have to be grossly devious to cheat. Nonetheless, anyone cutting the curves will be *disqualified*.

It is the responsibility of each runner to know the rules. They are set up to provide a good experience for all runners in the event. Runners caught cheating will be asked to leave and will not be allowed at future ATY events.

Track etiquette does *not* require lone runners to yield the inside lane to runners wanting to pass, regardless of whether the one being passed is running or walking at the time. We assume that each participant is there to do his or her best, and has an equal right to pursue personal goals. In an event of this type, it is to be expected that even the best will walk for periods of time, particularly those in the longer races. Always pass others on the *outside*.

An exception to this policy is when two or more people run or walk together. Those traveling around the track in groups should always leave an inside channel open so faster runners do not have to travel far to the outside to get around them.

In all cases show common courtesy, and remember that most of us run for the enjoyment and thrill of the experience.

Timing, Lap Counting

Across the Years uses the advanced AMB-*it* chip timing system to record your laps and lap times. This same system is used by NASCAR and some Olympic events.

Runners will be issued a chip at check-in. It is your responsibility to have your chip on at all times!! *Laps done without a chip are not counted.* There are no exceptions!

At Across the Years we display live results on large screens, so runners and spectators may see exactly what the timers are seeing, and may check their own lap counts. Runners should avoid asking timers about their laps. With the projectors there should be no need to do so.

Across the Years features an excellent webcast. Live updates of race results, coming every few seconds, may be viewed by remote observers on our Web site at <http://www.acrosstheyears.com>. Tell your friends and family who will not be there to check on your progress!

A popular feature introduced in the 2005 race is a messaging system that looks something like email (but is not), by means of which visitors connecting to the Web site may send messages to individual runners. These messages will be printed periodically and are placed in each runner's personal pigeonhole mailbox.

We also have a webcam in operation during the race, so friends across the world may get glimpses of you running. In 2010 its operation should be much improved over that of previous years.

Runners change direction every two hours.

Final distances are given declared in whole laps. No credit is given for partial final laps as in a few other fixed-time races.

Setting Records

Across the Years is conducted on a certified course. Record setting performances may be confirmed as *official* if USA Track & Field (USAT&F) guidelines are followed. Race results will be forwarded to the keeper of Arizona running records, who will forward them to the national record keeper. The state record keeper will update or establish official state records for each of the three events. In order to be eligible for a certified record, competitors must do three things:

1. Inform the race director of your intent to pursue a record.
2. Start and finish the race at the designated times.
3. Do not use a pacer at any time. (**NOTE:** You are allowed to team up with another race participant.) If you have questions, please ask beforehand.

Across the Years is the only regularly-held 72-hour race in the world. There are no national or world records kept for 72-hour races. We have, however, compiled complete race data for all runners and all races back to the beginning, and therefore are able to declare meaningful race records. Many statistical reports may be found on the race Web site at <http://www.acrosstheyears.com>. Anyone who holds a 72-hour record at ATY may effectively claim to hold that a "world" record, even if it is not acknowledged by some official records keeping organization. But if you do, don't be surprised if someone argues with you about its validity.

Prizes and Amenities

Overall male and female winners will receive an attractive trophy. All participants will receive a beautiful Across the Years running shirt and a special finishers garment.

Since 2004, buckles have been awarded to those who qualify, as follows:

1. A **brass buckle** for any runner who covers **100 miles**
2. A larger **brass buckle** for any runner who covers **200 miles**
3. A **still larger brass buckle** for any runner who covers **300 miles**

Runners may enter any race to qualify for any buckle. As we approach the 2010 race, the course record for 72 hours is 323.424 miles, set in 2005 by Yiannis Kouros.

In 2004, ATY began giving special achievement awards to runners who have accumulated 1000 and 2000 miles total for all the ATY races in which they have participated. See the statistics page of the Web site for a listing of all who have acquired these awards, along with their mileages.

Nardini Manor

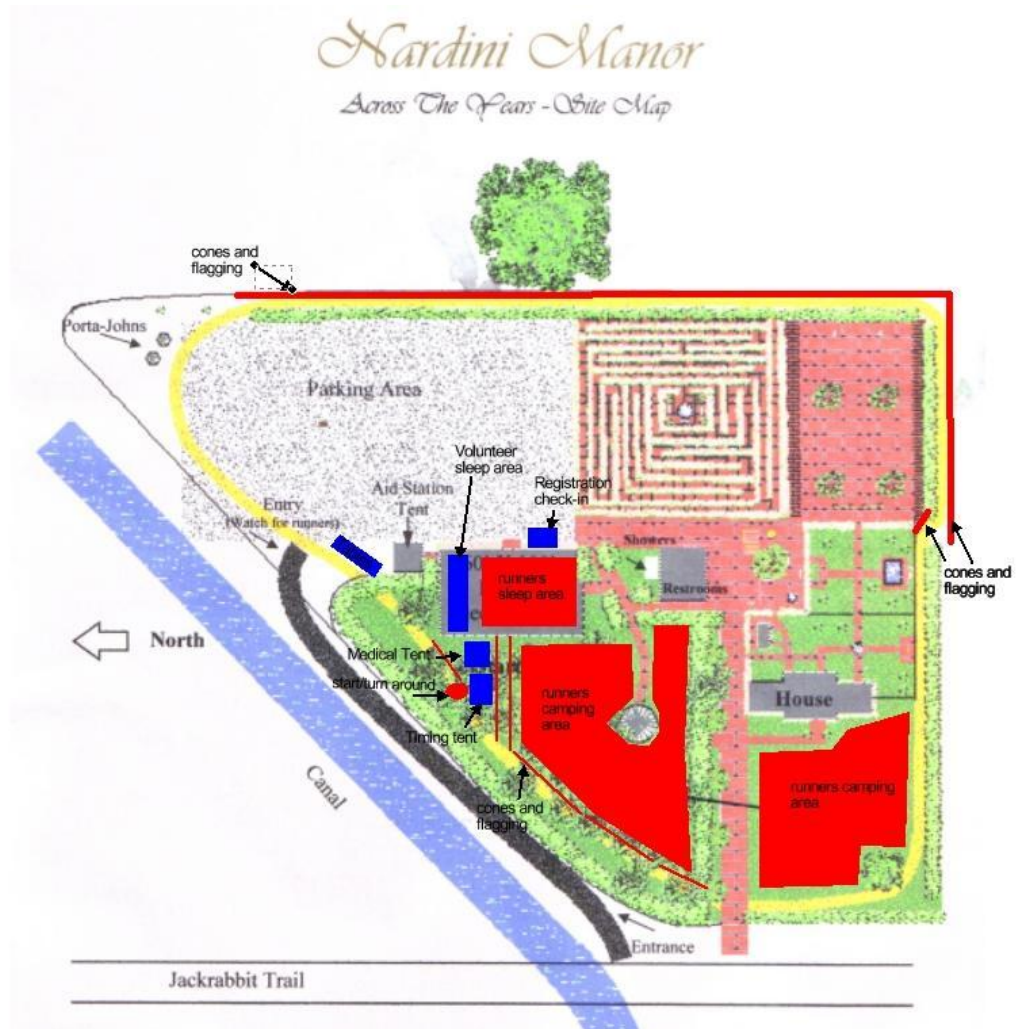
Nardini Manor is a country house situated on five and a half acres of land that includes a maze and a 60-foot by 100-foot tent that will be available for our use during the race. Runners may set up tents within the large tent or just lay down their mats and sleeping bags. Priority for space within the 60-foot by 100-foot tent will be given to 72-hour, then 48-hour, then 24-hour runners.

NOTE: The big tent will not be heated this year, as in years past. Instead, a 16-foot by 26-foot heated tent will be available for runners to sit down and warm up through the night.

The floor in the big tent is brick, so mats are recommended. There are also grassy areas outdoors where runners can put their tents. It's colder out there at night, but some runners prefer it.

The estate is located in an area that consists mainly of farmland, several miles from any stores or conveniences. The closest store is the Circle K four miles north on Jackrabbit Trail. The animal smell from nearby farms is quite noticeable at times, but not intolerable during cooler weather.

A history of Nardini Manor may be read on the Web site at <http://www.nardinimanor.com/history.htm>



This is a map showing the layout of Nardini Manor in 2004. Some of the details have changed since the map was made, but it's close enough to use as a guide. Note the areas on the map are where runners may set up tents, tables, etc. Tables will also be allowed in the parking lot along the course, as long as they do not block traffic. The tents are designated as a QUIET ZONE during the event because runners will be sleeping there. Conversation should be carried on outside. Runners who use the main tent should be aware that other activity goes on there, such as important work on the part of the medical staff, so should not be picky about insisting on absolute quiet. Besides, people are there to race and have fun, not sleep!

Driving to Nardini Manor

Nardini Manor is about thirty minutes drive west of Sky Harbor Airport in central Phoenix. The easiest route is to take the I-10 interstate west to exit 121, Jackrabbit Trail (also known as 195th Avenue), then head left (south) on Jackrabbit 4.7 miles. The manor is on the left (east), just past some train tracks. As you approach from the north, a grove of trees hides the view of the house until you are right on top of it, so watch carefully as you approach.

The turn into the parking area is a *sharp turn* (about 120 degrees) off the road just north of the main gate, and just to the right (south) of a canal. Be careful of traffic when turning and when driving the canal road! Avoid making a sudden stop to get in. For your safety and that of others, if you miss it, go down the road and turn around.

Note: It has been reported that taxi fare from the Phoenix airport to Nardini Manor can cost up to \$70 one way. Most people would prefer to pay much less. There are also shuttle services available at a fraction of the cost. The staff of Across the Years does not make travel arrangements for runners, but we do recommend that you consider coordinating your travel with other runners. The best way to do so is to communicate with them by means of the the Across the Years Google Discussion group. See the Web site for the link to this.

Parking

The parking entrance is located on the north side of the property. It will be well marked for the event. Vehicles will be driving across the track to get to the parking area. *Please be aware of runners on the course!* Depending on the day, some runners will have been running for days and may not be very alert. Volunteers will direct traffic before each event. Plan to give yourself enough time to park and set up your supplies.

Setting Up

As noted earlier, if you wish to use a tent, you may set it up inside the large tent or in designated areas outside on the grass. Some runners may prefer to base their operations from their cars in the parking lot. Because there is limited space available, we request that you try to get along with the smallest tent that will cover your needs. Please avoid bringing those gigantic enclosures made to house a family for a week in the woods. (You may have as large a tent as you wish if you camp out on the grass.)

Plenty of tables and chairs will be available alongside the track where runners may put the items they need most, so it will not be necessary for those based in the tent to come off the track often.

Runners will be allowed to set up their tents and supplies on December 28 if they want. The race committee will be on-site getting ready for the event, starting at 11:00 A.M..

NOTE: Runners who wish to stay at Nardini Manor the night of December 28th may do so. The gate will be closed at 10:00 P.M. to protect all of the equipment, but you are welcome to come anytime before that. You are also welcome to camp in any of the grassy spots around the manor, either in the gazebo area or in the front yard.

On Race Day

Check-In, Race Start

Runner check-in will begin on December 28, the day before the first race, from 4:00–6:00 P.M.. Check-in will resume the morning of each race start from 7:00–8:45 A.M.. Go in the front door of the manor to check in.

Each race will begin promptly at 9:00 A.M.. The pre-race meeting will take place each morning around 8:45 A.M.. See *Race Rules and Etiquette* (page 2) for an explanation of important rules and procedures.

Plan to arrive in plenty of time to check in at the registration desk if you were not able to do it the day before your race, and to make any personal preparations you need to perform before the pre-race meeting.

Post-Race Activities

The awards luncheon is January 1, starting at approximately 10:00 A.M., which will give people time to rest a few minutes, pack gear, and freshen up a bit. Showers are available in both the men's and women's rooms. These were upgraded for the 2008 race, and are no longer in outdoor booths. Winners' awards, special achievement buckles, and individual finisher awards will all be given out at the awards luncheon.

The awards ceremony and lunch will be held in the large tent. All runners and guests are welcome to the post-race festivities.

If runners finish their event earlier, they can get their finisher's award and come back later for the awards and lunch.

Food During the Races

During the races, a luxurious aid station is always provided, as well as breakfast and dinners. Food will be plentiful; you will not go hungry at Across the Years!

It's not possible to supply food that caters to individual tastes, nor to include here an up-to-date list of what will be offered. Be assured that a large array of tasty and nutritious items that will satisfy the needs and tastes of the majority, including numerous hot items, is being planned. We expect to have vegetarian choices for the catered meals.

You are free to bring anything of your own that you want. A microwave oven will be available for your use, and if you ask real nice and say please, you may even get a volunteer to nuke items for you.

Medical Support

Runners must be responsible for their own health!

Starting in 2007, we have hired Kachina Rescue to provide essential medical services. They will be located in their own special tent just off the track. If a runner requires emergency medical care at ATY, we will call 911. The local 911 emergency medical service will evaluate and treat the runner, and will transport him or her to a nearby hospital as needed. In such a case, a designated race staff member will accompany the injured runner to the hospital and will see that that person's medical information gets into the right hands.

In addition, Dr. Andy Lovy will once again be present to provide the usual "comfort care" that runners have been used to receiving from these two generous race supporters. Both will be available to help with problems that come up, but remember that they are also both running in the race.

If we remember and can get one, a scale will be provided for runners to weigh in periodically, but they are not required to do so. Having the scale available is a service to assist informed runners in monitoring their own input/output levels of food and hydration.

Information for Travelers

Weather

The Phoenix metropolitan area is blessed with mild winter temperatures. Nevertheless, daytime temperatures have been known to reach the seventies and eighties during previous stagings of Across the Years. Fluid replacement is critical during the day. Although there will be little chance of snow, it's not impossible, and nighttime temperatures can dip below freezing. You *will* need some warm clothes—tights, gloves, hats, etc.

Note: Temperatures have been recorded at the race site every six hours. The range spanned from 33 to 78 degrees Fahrenheit. Some years we have also had rain. In 2004 the rain was torrential for most of the first day. We had great fun despite it. **Plan ahead and prepare for the unexpected!**

Lodging and Restaurants

Across the Years is pleased to announce that **Best Western** is our official host hotel, located in Goodyear, Arizona, just ten minutes from Nardini Manor. They have graciously given us an outstanding room rental rate, and have a terrific themed grill and bar on their property called the *Hoot & Howl*. They are excited to be our host hotel, look forward to serving the athletes, and are committed to making your stay a pleasant experience.

To get this special rate you will need to make your reservations *no later than mid-November*. Otherwise they will have to revert to their normal seasonal rate. So be sure to reserve ahead of time.

The hotel's Web site is at www.bestwestern.com/phoenixgoodyearinn. You may also contact them by telephone at **623-932-3210**.

Distances listed for some places below are relative to Litchfield Road and I-10, exit 121.

Lodging

Official Host Hotel

Best Western
55 N. Litchfield Road
Goodyear, AZ 85338
Phone: 623-932-3210
Toll free: 1-888-449-3330

bestwestern.com/phoenixgoodyearinn

Holiday Inn Express
1313 N Litchfield Road
Goodyear, AZ 85338
Phone: 623-535-1313

Hampton Inn Suites
2000 N. Litchfield Road
Goodyear, AZ 85338
Phone: 623-536-1313

Wigwam Resort
300 Wigwam Boulevard
Litchfield Park, AZ 85338
Phone: 623-935-3811

Food**Restaurants**

A La Italiano 1375 N. Litchfield Road Goodyear, AZ 623-935-2900	Black Angus 13766 W. McDowell Road Goodyear, AZ 623-535-8585	IHOP (Pancake House) 1491 N. Dysart Road Avondale, AZ 623-925-1260
Applebee's 13832 W. McDowell Road Goodyear, AZ 623-536-8440	Bistro Di Spencero 1363 N. Litchfield Road Goodyear, AZ 623-535-8300	Macayo's Mexican Food 1474 N. Litchfield Road Goodyear, AZ 623-209-7000
Bamboo Palace 1461 W. Dysart Road Avondale, AZ 623-932-6868	Chili's Grill 1371 N. Litchfield Road Goodyear, AZ 623-535-4222	On The Border 1507 N. Litchfield Road Goodyear, AZ 623-536-2300
Bella Luna 14175 W. Indian School Road Goodyear, AZ 623-535-4642	Cracker Barrel 1209 N. Litchfield Road Goodyear, AZ 623-856-5161	Palermo's Pizza 1579 N. Dysart Road Goodyear, AZ 623-535-7777
Bill Johnson's Big Apple 1330 N Dysart Goodyear, AZ 623-882-8288	Fazoli's 1340 N. Litchfield Road Goodyear, AZ 623-536-9404	Romano's Macaroni Grill 1828 N. Litchfield Road Goodyear, AZ 623-547-0299

Health Food

Litchfield Park Organics 107 Honeysuckle Street Litchfield Park, AZ Phone: 623-935-2164 Email: LPOrganics@aol.com	Vitamin World (0.2 miles north) 1400 N. Litchfield Road Goodyear, AZ Phone: 623-935-2093
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GNC
14175 West Indian School Road
Litchfield Park, AZ
Phone: 623-935-4323
(call for directions)

Grocery Stores

Fry's (south of I-10 off Watson Road)
Safeway (south of I-10 off Estrella Parkway)

Camping and RVs

Phoenix Destiny RV Resorts	Cotton Lane RV Park
416 N Citrus Road	17506 W Van Buren
Goodyear, AZ 85338	Goodyear, AZ
623-853-0537	623-853-4000
1-888-667-2454	(call for directions)

Hardware

Lowe's
0.2 miles north on Dysart from I-10
exit 129, next exit east of Litchfield Road

Across the Years Race History

When it comes to telling the history of Across the Years one name towers above all others: **Harold Sieglaff!** Harold is our race founder, ran (or walked) all but two races from the beginning in 1984 until 2006. Harold is at this writing the only possessor of a specially awarded jacket for 2000 miles of lifetime accumulated distance at Across the Years.

The following account is in the voice (and mostly the actual words) of Harold Sieglaff:

Why was the race Across the Years created? Without considering both the physical and psychological reasons one has but half a loaf!

The physical: In the early eighties, Vince and Emily Devlin presented 50-mile ultramarathons at El Dorado Park in Scottsdale, Arizona. Moving up from about 50 marathons to three 50-milers in times of 8:38:53, 7:55:22, and 8:26:08, led me to ultrarunning and walking.

The psychological: The movie *Chariots of Fire* inspired me as none other has. It remains my all time favorite movie, edging out *Breaking Away*, *Zorba the Greek*, and *Etre et Avoir* (To Be and To Have). Hear the charge to the Cambridge freshman class of 1919:

- “Discover where your true chance for greatness lies. Seize your chance. Rejoice in it. Let no power or persuasion turn you from your task.”
- Harold Abrams’s reply when asked “What will you do?” “I will take them on one by one and run them off their feet.”

Within hours of finishing a 7:55:22 50-miler my family and I were watching *Chariots of Fire*. My son Douglas asked: “Dad, why are you crying? You’ve seen it seven times!” The greatest gift my father gave me was to cry when experiencing great beauty. (E.g. when hearing Mozart’s *La ci darem la mano*, Verdi’s *Quartet from Rigoletto*, or Lehar’s *Song of the Vilja*.)

Inspired by *Chariots of Fire*, I organized a track meet at Phoenix College with events of 100 meters, 400 meters, one mile, and 10K. After the meet, Sabin Snow’s friend Dante Ciolfi asked: “Has anyone here ever had a 24-hour track run?” The result of the ensuing discussion was the Easter Sunrise 24-Hour Track Run on April 2–3, 1983.

We staged it on Easter weekend to exemplify transition and transformation. But thinking ahead to repeats, we realized that the date of Easter floats, it can already be hot that time of year, and Saturday could have a track meet scheduled. On the other hand, Christmas through New Year’s Day is cool, schools are closed, and tracks are open. Therefore, the first annual Across the Years race was held on December 31, 1983—January 1, 1984, at Washington High School in Phoenix, Arizona.

Measuring time and distance are critical in a race such as Across the Years. In the early days the exact time was obtained by a short wave radio from the National Bureau of Standards (NBS), since renamed National Institute of Science and Technology.

We used timing sheets with 25 entries per column and two columns per page. The time of day, in hours, minutes, and seconds was entered for each completed lap.

Years later Karsten Solheim prepared timing sheets with laps numbered from 1–1200. We used three-ring notebooks, three per timer, and had digital watches synchronized to coordinated universal time.

Timers were hard to find, but Ruth Ann Kayser served from grade school through a year or two of undergraduate study. Other timers were mostly family friends and students, and on some occasions we used the homeless from a downtown Phoenix shelter, who were escorted to and from the track by a van. Homeless people were also paid to help clean up after the race one year, after which they were taken out to breakfast.

A memorable moment was the joining for the runners, walkers, and timers in a victory lap done at a slow pace—a bonding of symbiotics before the memories started.

The first attempt to verify distance was by bicycle, but we were told a bicycle is inadequate for a track run. Karsten Solheim loaned us a Stanley 100-foot steel tape measure, which was laid out thirteen-plus times twice, both clockwise and counterclockwise.

Temperatures were measured at the start and end of the measurements. The distance of the Washington High School track was certified as correct by Ted Corbitt, a grand hero and seminal influence in our sport. The other tracks we have used over the time were also measured. We found that the track at Phoenix Christian High School was a couple of feet short!

We crossed the years at Washington High School for about a decade, Cortez High School for one year, Phoenix Christian High School for one year, then Arizona Boys Ranch, which changed its name to Canyon State Academy, for five to seven years. Now we are no longer nomads! Nardini Manor is our new home, through the great goodness of Rodger Wrublik. Thank you Rodger!

We have gone from humble beginnings to a permanent home at beautiful Nardini Manor,¹ with a certified 500-meter course and computer chips for lap counts and timing. About all that remains from 1983 is timing synchronized to coordinated universal time, then done via satellite, and now by synchronizing via Internet with the National Institute of Science and Technology (NIST). Oh! We must remember food fit for the finest of humans that's the same or better.

There are many, many crossing the years stories. Here's one listeners often chuckle over. Don Choi, world class runner, and Tom Possert, national class runner, were in the race one year. Adam, a five-year-old boy, saw they weren't running very fast and raced them along a straightaway, beating them. Next day while they were resting the boy looked over the track, didn't see them, and asked "Where are those guys I beat yesterday?"

Some Shakespeare quotes that have been inspiring at Across the Years are:

Tomorrow, and tomorrow, and tomorrow
 Creeps in this petty pace from day to day,
 To the last syllable of recorded time. (And distance!)
 —*Macbeth*, V, v, 19

¹That is, until Rodger gets tired of us and kicks us out!

Once more unto the breach, dear friends; once more.
—Henry V, III, i, 1.

As for names, let all who were and are involved in any way at any time be remembered. Here are a few of hundreds:

1. *Paul Bonnett*—race director extraordinaire who took the race off intensive care through intensive care.
2. *Helen Klein*—setter of many world records.
3. *Edson Sower*—setter of many world records.
4. *Al Howie*—who ran across Canada.
5. *Dick Kegley*—one time world record holder for the six-day race for 60–64-year-olds. He turned Tom Osler’s note of the value of a nap into what I call the resurrection nap. Out on his feet at 8:00 P.M. he entered his RV for a nap, emerged at 11:00 P.M., and ran like the wind.
6. *John Geesler*—who set a US men’s record for 48 hours of exactly 400 kilometers (248.55 miles) in the 2003 race, and returned in 2004 to run 483 kilometers (300.122 miles) in 72 hours.
7. *Yiannis Kouros*—who set a world record for 48 hours in 2005, then went on to obliterate John Geesler’s course record with a final total of 323.424 miles for 72 hours.

Thank you all!

And thank you, Harold, for creating one of the most extraordinary races in the world of ultrarunning!!

Miscellaneous Numbers

If you are interested in race statistics, we recommend you get them from our Web site at <http://www.acrosstheyears.com>. In 2004 this *Runners Manual* included many statistics, but we no longer include that information. The facts included have all been updated and are available on our Web site. As soon as each year’s race has been run, anything printed here becomes obsolete, whereas on the Web site the reports are all calculated dynamically from the information in the database, and so is always up to date—or will be as soon as the latest year’s race data is entered, which will happen the first week of next year.

Fun Facts

1. The predecessor to Across the Years was an Easter Sunrise 24-hour race held in April, 1983, with four runners in attendance to run 24 hours. The first ATY was held at the now-usual time at the end of the same year.
2. The first Easter Sunrise race included 6-hour and 12-hour races, which have not been offered since. In 1999, ATY had a 6-day race instead of a 72-hour race, to celebrate the incoming new millennium. We may yet again offer another 6-day race, but at this writing the project is still in the wishful thinking stage.
3. The first eleven ATY races were at Washington High School in Glendale, Arizona. In 1994 it moved to Cortez High School, in 1995 to Phoenix Christian High School, in 1996 to Arizona Boys Ranch in Queen Creek, which later changed its name to Canyon State Academy, and in 2003 we moved to Nardini Manor in Litchfield Park, Arizona.
4. Because of dates of availability, the 1994 race at Cortez High School was held on December 19–22 rather than at the end of the year. This was considered acceptable because December 21, being the winter solstice, is the astronomically correct start of the new year.
5. For the first thirteen years of the race, founder Harold Sieglaff both organized and directed the race, and also ran. In 1991 Harold won the 72-hour race with 123.528 miles. Harold's accumulated mileage at ATY, until 2006, the last time he participated, stands at 2426.222 miles in 2010, still over 579 miles more than Martina Hausmann, currently in second place.
6. Harold turned over the job of race directing to Paul Bonnett in 1996. Paul Bonnett acted as race director par excellence until 2002. In 2003, our first at Nardini Manor, the race was capably co-directed by Laura Nagy and Alene Nitzky, with the help of a volunteer committee. In 2004 Paul Bonnett returned as race director, assisted by one of the finest groups of volunteers imaginable.
7. In some years before the days of chip-aided lap counting, Harold Sieglaff got volunteers from Call-A-Teen to help out. In 1989, being short of volunteers, he hired homeless people to fill the vacancies—a risky move, but one that turned out to work out quite well.
8. To date (through the 2007 race) a total of 111,225.759 miles has been accumulated by all runners in all races—an average of 99.309 miles for each of the 1120 races on record.
9. Edson Sower participated in ATY six times for a total of 573.14 miles, from ages 69–80, and set several world age records in the process.
10. The age of the youngest participant in Across the Years was 6, and the oldest participant was 81.
11. One year, 1991, there were no female participants.
12. From 1983 through 2008 runners have come from nineteen countries outside the US (Brazil, Canada, England, France, Germany, Great Britain, Greece, Ireland, Italy, Japan, Lithuania, Norway, Scotland, South Africa, South America, Spain, Sweden, Switzerland, and Yugoslavia), forty-three US states, and at least four Canadian provinces.

Sponsors

A race the complexity of Across the Years takes many resources to present. We are grateful to those businesses that have stepped forth to offer support by making contributions as sponsors to our race.

If you would like to become involved with the event as a sponsor, please contact the race director at rd@acrosstheyears.com.



Nardini Manor is ATY's generous primary sponsor, and our host for this race. Nardini Manor is a rentable facility used for weddings, corporate events, and other memorable occasions.



The Wyman Hotel and Inn is in Silverton, Colorado, and is also owned by Nardini Manor host Rodger Wrublik.



The North Face is a leading manufacture of outdoor gear.



ZombieRunner provides products and information for trail runners, ultrarunners, adventure racers, and people who love being out on the trails.



Moeben is a rapidly growing manufacturer of designer sportswear.



Hammer Gel is a popular energy product.



Watermill Express is a local supplier of filtered water.